

Earthquake Safety Rules

Suggested safety rules during and after the shaking are as follows:

During the shaking:

1. Do not panic, keep calm.
2. Douse all fires.
3. If the earthquake catches you indoors, stay indoors. Take cover under a sturdy piece of furniture. Stay away from glass, or loose hanging objects.
4. If you are outside, move away from buildings, steep slopes and utility wires.
5. If you are in a moving vehicle, stop as quickly as safety permits, but stay in the vehicle until the shaking stops.
6. If you are in a lift, get out of the lift as quickly as possible.
7. If you are in a tunnel, move out of the tunnel to the open as quickly as safety permits.

After the shaking:

1. Check for casualties and seek assistance if needed.
2. If you suspect a gas leak, open windows and shut off the main valve. Leave the building and report the gas leaks. Do not light a fire.
3. If the electrical wiring is damaged, shut off power at the mains supply. Turn off the mains valve if water supply is damaged.
4. Do not use the telephone except to report an emergency or to obtain assistance.
5. Stay out of severely damaged buildings; aftershocks may cause them to collapse. Report any building damage to the authorities