

## Tai Chi Tour

NG CHAN Kam-chu



The Hong Kong Observatory Staff Association has been organising Tai Chi classes for eight years. To deepen the understanding of Tai Chi, 23 trainees went with Master KWOK to Chenjiagou, the origin of Tai Chi, for a five-day visit in August. Under a highly spiritual environment and with personal guidance from Master ZHU, the trainees found the trip very fruitful and all gained a better understanding of the essence of Tai Chi.



## Subsidized Primary School Council Visited HKO

Accompanied by representatives of the Education Bureau, school principals from the Subsidized Primary School Council visited the Observatory on 30 August to exchange views on the arrangements for school operation during tropical cyclones and rainstorms.

## “Life Buddies” Mentoring Scheme – Job Shadowing at the Observatory

Terence KUNG

In August, students from Buddhist Sum Heung Lam Memorial College and Lok Sin Tong Leung Kau Kui College participated in the “Life Buddies” Mentoring Scheme organised by the Commission on Poverty. Through “job shadowing” at the Observatory, the students learnt from the Observatory staff the importance of scientific professionalism and conscientious work attitude, and appreciated that enthusiasm, innovation and keeping up with times were the values to be upheld when they pursued their careers in the future.



For details of the activities, please visit:  
<http://www.hko.gov.hk/wisnew.htm>  
<http://www.hko.gov.hk/hkonevs/indexe.htm>