

Caring for the Community

The Observatory and SCHSA Deliver Winter Reminders

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掌握天氣 關顧長者
WEATHER INFORMATION FOR ELDERLY CARE
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Dr CHENG Cho-ming (first from left), Assistant Director of the Hong Kong Observatory, and Ms Irene LEUNG (first from right), the Chief Executive Officer of SCHSA, together with two senior citizens, officiate at the launching ceremony of the "Sky of Silver Age" weather photo-taking competition.

On 15 December 2015, the Observatory and the Senior Citizen Home Safety Association (SCHSA) held a joint press conference to remind members of the public to be prepared for cold weather and to launch the "Sky of Silver Age" weather photo-taking competition for the elderly to encourage senior citizens to participate in outdoor activities and to be more aware of weather changes.



Details of the competition

Ethnic minority children visited the TV studio at the Observatory



Connecting with Ethnic Minorities

Daniel YEUNG

On 20 December, the Observatory and Urdu Neighbour Centre jointly organised a visit to the Observatory for ethnic minority children and their parents. The participants were able to get a better understanding of the Observatory's work, while the children showed a keen interest in the production of TV weather programmes.

To ensure Hong Kong's ethnic minority groups have access to information on tropical cyclone and rainstorm warnings, the Observatory has produced leaflets in Hindi, Bahasa Indonesia, Nepalese, Urdu, Filipino and Thai to enhance disaster prevention awareness and preparedness during inclement weather.

Weather and Health — Winter

Daniel YEUNG



Weather and Health
- Winter

In winter, Hong Kong is occasionally affected by cold air from the north. In the "Weather and Health – Winter", an episode of "Cool Met Stuff", Professor Emily CHAN, Director of the Collaborating Centre for Oxford University and the Chinese University of Hong Kong for Disaster and Medical Humanitarian Response (CCOUC), reminded viewers to keep warm, drink plenty of water and ensure proper ventilation in times of Cold Weather Warning. When having hotpot, it would be important to cook the food thoroughly and to avoid drinking too much alcohol. Viewers were reminded to take special care in winter, as respiratory and cardiovascular diseases were more likely to occur in cold weather.



Professor Emily CHAN, Director of CCOUC, talks about staying healthy in winter.