

二十四節氣 24 Solar Terms

二十四節氣是中國曆法的重要部份，是長年累月透過觀測太陽週期運動、季節和物候規律，配合社會需要逐步改進而成的時間知識體系。節氣是近乎均勻分佈於黃道上 24 個位置的時刻，一個循環歷時一年。二十四節氣是一個統稱，其中包括十二個「中氣」和十二個「節氣」，中氣和節氣相間地排列。2024 年內中氣的資料列於下表。

The “24 solar terms” form an integral part of the Chinese calendar. It is a time knowledge system progressively built upon the long-term observation of periodic movement of the Sun, seasonal march and phenology, and evolves in time to meet the needs of social development. The solar terms, almost evenly spread along the ecliptic, mark the moments when the Sun reaches these 24 pre-defined positions and form a one year cycle. The “24 solar terms” is a collective name of the system that comprises 12 “major solar terms” and 12 “minor solar terms” interlaced with each other. Information of major solar terms in 2024 is listed below.

| 太陽黃經 Sun's Longitude | 日期 / 時間 Date/Time | 中氣 Major Solar Terms | 太陽直射點緯度圈 Latitude Circle of Subsolar Points | 日出 Sunrise | 上中天 Transit | 日落 Sunset | |
|-------------------------|----------------------|-------------------------|--|---------------|----------------|---------------|----------------------------|
| 300 | 20/1 22:07 | 大寒 Severe Cold | | 112 -0°50' | 180 47 | 248 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 330 | 19/2 12:13 | 雨水 Spring Showers | | 102 -0°50' | 180 56 | 258 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 0 | 20/3 11:06 | 春分 Vernal Equinox | 赤道 the Equator | 90 -0°50' | 180 68 | 270 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 30 | 19/4 22:00 | 穀雨 Corn Rain | | 77 -0°50' | 180 79 | 283 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 60 | 20/5 21:00 | 小滿 Corn Forms | | 68 -0°50' | 180 88 | 292 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 90 | 21/6 04:51 | 夏至 Summer Solstice | 北回歸線 the Tropic of Cancer | 64 -0°50' | 360 89 | 296 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 120 | 22/7 15:44 | 大暑 Great Heat | | 68 -0°50' | 180 88 | 292 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 150 | 22/8 22:55 | 處暑 End of Heat | | 77 -0°50' | 180 79 | 283 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 180 | 22/9 20:44 | 秋分 Autumnal Equinox | 赤道 the Equator | 89 -0°50' | 180 68 | 270 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 210 | 23/10 06:15 | 霜降 Frost | | 102 -0°50' | 180 56 | 258 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 240 | 22/11 03:56 | 小雪 Light Snow | | 112 -0°50' | 180 47 | 248 -0°50' | 方位角 Azimuth 仰角 Altitude |
| 270 | 21/12 17:21 | 冬至 Winter Solstice | 南回歸線 the Tropic of Capricorn | 115 -0°50' | 180 44 | 245 -0°50' | 方位角 Azimuth 仰角 Altitude |

上述位置以日面之圓心為準。日出、日落時之仰角約為 -0°50'，實包含了日面視半徑及大氣折射的影響。

The above positions refer to the centre of the Sun's disc. The -0°50' in altitude at sunrise and sunset includes both the apparent radius of the Sun and the effect of atmospheric refraction.



二十四節氣文章

[www.hko.gov.hk/tc/gts/
time/24solarterms.htm](http://www.hko.gov.hk/tc/gts/time/24solarterms.htm)



Article on 24 Solar Terms

[www.hko.gov.hk/en/gts/
time/24solarterms.htm](http://www.hko.gov.hk/en/gts/time/24solarterms.htm)



未來 3 年二十四節氣

[www.hko.gov.hk/tc/gts/
astronomy/Solar_Term.htm](http://www.hko.gov.hk/tc/gts/astronomy/Solar_Term.htm)



24 Solar Terms in next 3 years

[www.hko.gov.hk/en/gts/
astronomy/Solar_Term.htm](http://www.hko.gov.hk/en/gts/astronomy/Solar_Term.htm)

年內每一刻的太陽方位角和仰角，可以從以下網上互動工具獲得。

The solar azimuth and altitude throughout the year can be obtained from the following online tool.



互動版太陽路徑圖

www.hko.gov.hk/tc/gts/astronomy/SunPathDay3_ue.htm



Interactive Sun Path Diagram

www.hko.gov.hk/en/gts/astronomy/SunPathDay3_ue.htm